

**SESSION No. 2: Dignity of the Human Person and Grief**

- Discussion on reading assignment – A Definition of Human Health.
- What do we mean by “The Dignity of the Human Person.”
- The A.B.C.D. Model.
- Ten Commandments of a Good Listener and Discussion.
- Healing a Grief Wound and Discussion.
- Questions to Promote Catharsis.
- Reading Assignment - Six Ways to Face the Future With Hope.
- Homework Exercise – How Well Do You Like Yourself

**SESSION No. 3: A Social Visit or a Pastoral Visit**

- Discussion on reading assignment – Six Ways to Face the Future With Hope.
- Ten Useful Tips for Visiting the Sick.
- Differences between A Social Visit and A Pastoral Visit.
- A Profile of the Lay Catholic in the 21st Century.
- What Faith-based Health Care Can Learn from Noah’s Ark.
- Agreement of Service and Confidentiality.
- Oath of Service and Confidentiality.
- A Prayer To A Silent God.
- Program Evaluation

**COURSE PRACTIUM:** Client visits with members of Society of Vincent de Paul.

Between Sessions 2 and 3, each course participant must participate in at least 2 client on-site visitations with local members of our Society of St. Vincent de Paul.

**MINISTRY MENTORING:** New members of this ministry will be required to mentor for a minimum of 12 hours with a more experienced team of Pastoral Care members.

**WHOM TO CONTACT IF YOU ARE INTERESTED IN SERVING IN THIS MINISTRY?**

If you are interesting in serving in this ministry or would like to know more about this ministry, please contact:

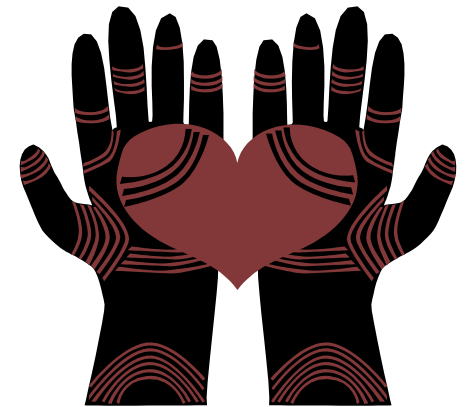
**Stephen Dufresne, Ministry Coordinator**  
at (780) 463-8646, Ext. 233

***"Our materialistic society does not easily tolerate chronic illness, disability, depression, grief or the processes of dying. People who struggle with such conditions are often among the marginalized of our society."***

*Bishop's Advisory Group on the Church's Ministry of Healing  
Diocese of Bristol, March, 2001*

**Issued: May, 2008**

**HEALING HANDS  
PASTORAL CARE  
MINISTRY**



**MINISTRY  
RECRUITMENT  
BROCHURE**

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## MISSION STATEMENT.

The Mission Statement of the Healing Hands Pastoral Care Ministry in St. Theresa's Parish is:

*"to ensure that one-on-one Christian care is provided to those members of our faith community who are facing a crisis or life challenge and are in need of Christian support."*

The Healing Hands Pastoral Care Ministry is a Christian Care ministry delivered by a dedicated group of trained lay caregivers and members of the clergy.

This ministry is grounded in Jesus' commandment to;

***"Love one another as I have loved you."***

Through this Christian Care ministry, we at St. Theresa's Parish will become the loving and nurturing community of faith that God calls it to be, as this ministry touches more and more lives of the members of this faith community.

## WHOM WILL THIS MINISTRY SERVE?

This Ministry is intended to be of service to individuals who are facing such challenges in their life as: the sudden death of a loved one, being hospitalized, dealing with someone who is terminally ill or with a member of their family, who are home-bound or in a care facility, and those who are care-giving to others, the aging and the elderly.

## PASTORAL CARE SERVICES TO BE OFFERED.

The Healing Hands Pastoral Care Ministry will offer the following services as volunteer's with the appropriate training become available in this Ministry:

**"Grief Story" sharing** - The best grief therapy is to find someone to listen to you tell your "grief story." Grief is a normal and natural reaction to the death of a loved one. Most of us are not prepared for the long journey of grief, which is sometimes devastating, frightening and often lonely. These feelings are inside and need to be expressed through the sharing of your "grief story" and mourning.

**Cards** – Everyone enjoys receiving something in the mail that reminds them that someone is thinking of them, especially if they are experiencing difficulties in their life at that particular moment in time. Cards will be sent for significant birthdays or anniversaries, illness, births, and deaths in the family.

**Prayer Chain** – Prayer can be a powerful healing tool. Many who are ill or in some other form of crisis are comforted by the knowledge that a group of individuals are thinking of them and praying for them.

**Hospital and Homebound Visitations** – For many, a time of life is reached due to age, illness or other physical disability that it becomes impossible for them to be as mobile as they were in the past. Such physical restrictions do not reduce these members' emotional and spiritual needs; in fact these needs increase as a result of the situation they may be experiencing.

**Transportation** – The need for transportation by elderly parishioners for a variety of tasks, such as: visit to the doctor's office or other medical needs, a ride to church on a weekday or Sunday morning, to visit a spouse who is in hospital or nursing home and others is increasing.

## HOW WILL I BE TRAINED TO SERVE IN THIS MINISTRY?

A Pastoral Care Program offered by the Archdiocese of Edmonton will form the base of the training required to serve in this particular ministry.

Training sessions on specific pastoral care issues will be held at St. Theresa's Parish to provide additional support for those involved in this ministry. Group discussion sessions will also be held to review current procedures and to discuss any concerns of the individuals involved in this ministry.

## TRAINING FOR MINISTRY MEMBERS.

(Sessions will be held on Saturday from 9:00 am to 1:00 p.m.)

### **SESSION No. 1: Spirituality and Human Sickness**

- Program Overview
- Introductions of participants
- A Spirituality of Pastoral Care.
- Christian Spirituality
- A Spirituality Checklist and Discussion
- Human Sickness and its Meaning in the Mystery of Salvation.
- Some Principles of Caregiving and Discussion.
- Principles of Sharing In a Group Discussion
- Session Exercise: Life Skills Assessment Exercise
- *Reading Assignment – A Definition Of Human Health.*
- *Homework Exercise – Your Life Journey (To be completed by the next session.)*