

OTHER PROGRAMS:

The following are other places or programs which offer marriage preparation courses approved by the Archdiocese of Edmonton because they present the Catholic Church's teachings on marriage:

- **Any Catholic Parish Program**
i.e., Holy Family in St. Albert, **email Donna:** dhansen12@shaw.ca or Our Lady of Perpetual Help, in Sherwood Park- call Monna:
(780-467-5470, ext. 226)
- **Enriched Marriage Preparation**
Is offered by the Family Enrichment Centre for couples who are 30 years of age or older or who are entering a second marriage. Call 780.469.1010, ext. 248 for more information.
- **Engaged Encounter**
Offers courses several times a year. For more information or to register for one of these sessions call 780-466-0090. The fee for this program is \$300.00 per couple.
- **The Online Marriage Preparation** course is also an option- go to: www.caedm.ca/onlineMP
There are multiple independent fees for online marriage preparation.

PROGRAM DATES AND TIMES AT ST. THERESA'S:

Classes are on Tuesday nights unless otherwise stated. Dates and starting times are subject to change.

WHAT IS THE COST?

The cost of the program is \$300.00 per couple which includes the \$100.00 FOCCUS component.

FALL 2016

Oct. 11th, 18th, 25th
Nov. 1st, 8th, 15th

WINTER 2017

Jan. 10th, 17th, 24th, 31th
Feb. 7th, 14th

SPRING 2017

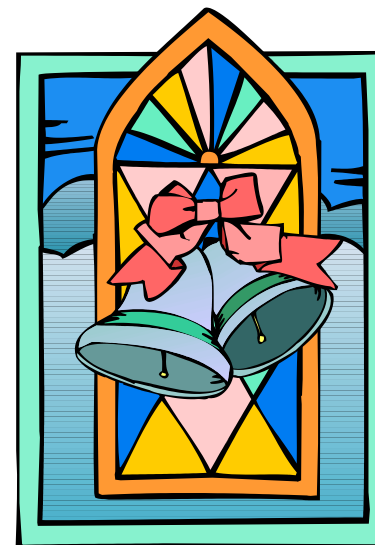
Apr. 4th, 11th, 18th, 25th
May 2nd & 9th

Start time at 7:00 pm – 10 pm

HOW CAN WE REGISTER?

To register, contact the Parish Receptionist, at the St. Theresa's Parish Office:
780.463.8646, ext. 2221.

2016 - 2017 MARRIAGE PREPARATION PROGRAM



ST. THERESA'S PARISH

7508 – 29th Avenue
Edmonton, Alberta T6K 3Y8
Phone: 780.463.8646
Fax: 780.450.2431

Email: info@strcp.com
Website: www.strcp.com

WHY A MARRIAGE PREPARATION PROGRAM?

Christian Marriage is a journey of committed love undertaken for life. The Church, as a community of believers in Jesus, truly desires that each couple who marries in the Church has a happy marriage leading to fullness of life.

The Church supports you as an Engaged couple in your decision to marry.

In order to help you prepare fully for this lifetime commitment a Marriage Preparation Program is a requirement of the Catholic Archdiocese of Edmonton before a marriage can be celebrated.



WHAT IS OUR COMMITMENT?

The program offered at St. Theresa's Parish consists of 7 (seven) evenings. Each evening focuses on a different theme aimed at helping couples communicate and more fully understand the commitment, which they are making to each other.

Part of your marriage preparation also consists of completing FOCCUS, which is explained more fully on the inside of this brochure.



WHO LEADS THIS PROGRAM?

Currently, St. Theresa's has two teams of highly trained and experienced couples:

Linda & Rick Bieganek 780.462.2757
Mona Lee & Kevin Feehan 780.438.6171

FOCCUS:

FOCCUS (Facilitating Open Couple Communication, Understanding and Study) is a mandatory part of the marriage preparation course for couples desiring to be married at St. Theresa's Parish. It is a questionnaire, a tool designed to assist couples in learning more about themselves and their unique relationship.

There are three levels to the program:

1. The individuals read and respond to the FOCCUS statements individually. This process occurs at one of the first three evenings of the Marriage Preparation Program.
2. This level occurs with the help of a facilitator who uses the couple report and works with the couple to look at patterns in their responses, discuss issues and problem solve. This takes an average of two hours. This feedback is usually done before completion of the Marriage Preparation Program.
3. This level is not needed by every couple. It involves the use of the report and discussion with the couple to make a referral for specialized assistance at this time or in the future.